

# Willapa Community Network Newsletter

January 2019

## **Our Vision**

Our vision is a thriving, connected, community achieved through enhanced leveraging of resources and services in north Pacific County.

### **Our Mission**

Our mission is to support an inclusive community network that encourages communication and collaboration among service providers, business, and volunteers, to enhance quality of life in north Pacific County.

## **Next Meeting:**

WCN meets on the first Wednesday of each month—all are invited to attend.

11:00 am—1:00 pm Willapa Harbor Hospital

Cedar Conference Room



## PO BOX 821, RAYMOND, WA 98577

Alliance for a Better Community is a group of concerned citizens, organizations, and officials working together for the common goal of improving the quality of life for our North Pacific County families and youth.

### 2018 Summary of activity

If you have not been aware of Alliance for a Better Community, we hope that you will be interested in being a part of something amazing. This is a letter of introduction and a lead to further collaborative efforts to better our community.

We became an official organization in 2004 and gained our non-profit 501 C3 status in 2007. We have listened to community needs and brought about solutions. Our Mission Statement is generic on purpose to offer a broader scope of assistance to improve our quality of life.

Alliance for a Better Community listens and takes action. As an update to what has happened in this year of 2018 please let me summarize.

- ABC was made aware of a need to enhance soft skills to improve work ethics through the EDC.
- In April ABC became involved with the enthusiastic group of individuals that wanted to reactivate the community center space as it was vacated.
- To better afford community projects, ABC applied for Medina funding for general operations. In October ABC was awarded \$5,000.
- Part of the hold up in having use of the community center rested on obtaining Liability Insurance.
   This was obtained effective December 1.
- ABC also applied for funds from Ocean Spray to assist the Riverview Center in upgrading the playground as their insurance found the current structure unacceptable. A grant of \$2,000 was awarded to ABC in October as well.
- As part of the Soft Skills Project, ABC was made aware of a class offered in Aberdeen at GHC. We applied for a grant from Weyerhaeuser and was awarded \$5,000 just this week to bring a pilot course local and hopefully it will be sustainable due to popularity.

It has become evident by more meeting guests and activity that we are on the right track to partner with other resources and organizations to improve and enhance efforts to get more of our citizens trained and employed. We would like to incorporate the community center space and be a help to the City with regard to improving the center use and transform it to something that will be self-sustainable Above all, we need help. More hands make lighter work..

As most may know, proof of community interest is key to gaining momentum for support and funding. Please express in your words on your letterhead to demonstrate community support. If you feel there is a local issue that need addressed, let us know about that too! Please use the address in this letterhead.

Respectfully

Jewel Hardy

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ABC Chair

360-942-3672 (home)

jewelh@centurytel.net

# **AmeriCorps**



# Now Hiring!



Pacific County Resiliency Corps is seeking additional AmeriCorps Members who are committed to making a difference in the lives of the youth in beautiful Pacific PACIFIC COUNTY County, WA. Members will serve 40 hours

a week during a 6 month term beginning February 2019. These positions are with youth serving Organizations & are available throughout the county.

Eager to learn more?

SCAN the QR code to the right Visit: www.pacificcountyyouth.org



#### Benefits:

- \$1,307.82 Monthly Stipend
- Educational Award of \$2,960.00
- Health Insurance
- Childcare Assistance
- Student Loan Forbearance
- · Experience in your Field!
- Other benefits may apply

To Apply: Please send resume and cover letter to Becky Fischer at pcya@willapabh.org. You may also apply online at my americorps, goy (search Pacific County Resiliency Corps).

## Volunteers Needed

# Would you Like to Help People? 4 Hours per Week-Set Your Own Schedule

Become A Long-Term Care Ombudsman



#### Contact:

Amber Garrotte

2700 Simpson Ave Suite 205 Aberdeen, WA 98520

(360) 538-8877

1-800-801-0060

Fax: 360-533-7241



- · Ensure the rights, dignity, and quality of care for people living in long-term care facilities
- Training provided
- · Gas reimbursement

Volunteers Needed throughout **Grays Harbor & Pacific Counties** 

# Youth Mental Health First Aid—Join the Movement

## Sometimes first aid isn't a bandage, or CPR or calling 911. Sometimes, first aid is YOU.

January 18, 2019 from 9:00 am-5:00 pm at Willapa Behavioral Health, 300 Ocean Ave, Raymond, WA 98577 Facilitator - Lyndsey Owen & Gracie Minks

Cost - \$10 Register on Eventbrite search Youth Mental First Aid in Raymond, WA

Clock House - Available from ESD 113 "Training is limited to the first 30 registered participants

Become Youth Mental Health First Aid (YMHFA) certified to identify and assist a young person who is struggling with their mental health, and to help create a healthy and safe environment for them moving forward. There are still spots available to register for the training on January 18th at Willapa Behavioral Health in Raymond, WA.

Pacific County Youth Alliance and Pacific County Health and Human Services are pleased to partner to be able to offer this to anyone interested for a discounted fee of \$10. This will cover the cost of a light breakfast and lunch, and a workbook to go along with the course material. The training is an all-day class from 9am-5pm on Friday, January 18th, and will be presented by Lyndsay Owen and Gracie Minks. You can register on Eventbrite by searching events in Raymond.

YMHFA is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, healthcare professionals, and community members how to interact and assist a young person who is experiencing struggles with mental health or addictions. This can

either be current everyday challenges or if they are in crisis. Youth Mental Health First Aid is primarily designed for adults who regularly interact with young people. The course introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situation. Anxiety, depression, substance use, ADHD or other disruptive behavior disorders, and eating disorders are covered in a way to best give "mental health first aid," to those that are struggling.

Register now on Eventbrite!

# **Contact Us**



willapacommunitynetwork@gmail.com

Find Us Online At

www.willapacommunitynetwork.weebly.com



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